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# Complex clinical presentations of depression and its best therapeutic responses

Pablo Miguel Bagnati - Andrea Márquez Lopez Mato - Marcelo Cetkovich Bakmas - Gustavo Vázquez

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# Presentaciones clínicas complejas de la DEPRESIÓN y sus mejores respuestas terapéuticas Pablo Miguel Bagnati · Andrea Márquez Lopez Mato Marcelo Cetkovich Bakmas · Gustavo Vázquez

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I have gratefully read this book. I had the pleasure and honor of sharing more than 30 years of working together with the authors. Each one of them, are leaders in their fields, and hallmarks of the Argentinean Psychiatry.

This book is extremely well written. It covers aspects of everyday practice with simplicity to be easily understood by young doctors as well as provides high quality of updated concepts that were be of enormous utility to senior neuropsychiatric staff involved in the care of patients with depression and its resistant to treatment form of presentation.

Andrea Lopez Mato excels in a didactyly approaching the neurobiological and neuroendocrine pathways leading to depression. Her approach is one way, easily understandable, but on the other hand, specially with the graphics and figures gives a deep understanding of such a complex aspect of mental illness.

Pablo Miguel Bagnati's chapter focusses on depression in neurological disorders. It is clear to me when I read this chapter, that the author has an enormous experience dealing with this population in everyday of his clinical practice. His graphics are absolutely appropriate and very didactive.

Marcelo Cetkovich Bakmas approaches with an exquisite precision an extremely complex such as Psychotic depression is. In this chapter is discussed the definition of the concept, its difficulties in the differential diagnosis, the widely aspects of how can it clinically present and the different potential treatments, As well, regarding the etiology of the psychotic depression, the author gets into neurobiological hypothesis, sharing with the reading public a complete scope of this challenging and frequent clinical presentation.

Gustavo Vazquez gets into one of the one most challenging aspects of modern psychiatry: the bipolar depression. The field is faced with excellence, avoiding simplification and getting into the labyrinths of such an intricate chapter of neuropsychatric clinic. The author discusses the etiology, differential diagnosis, clinical classifications and potential treatment strategies.

In conclusion, I found this book easy to read in one hand, and rich, complete and complex in the other. In my humbled opinion, this book will be of enormous aid to junior and senior staff involved in the rich world of modern neuropsychiatry.

